American Physical Therapy Association Named a Total Worker Health[®] Affiliate in Centers for Disease Control and Prevention Program



For Immediate Release: February 1, 2023

Contact: Sara Shannon sarashannon@apta.org

Alexandria, VA — The American Physical Therapy Association has been named a Total Worker Health Affiliate by the National Institute for Occupational Safety and Health at the Centers for Disease Control and Prevention. This designation demonstrates an ongoing commitment by APTA to protect and promote worker safety, health, and well-being.

"APTA recognizes that our commitment to improving the health of society means taking physical therapy beyond traditional models of care and leveraging our unique skills to promote prevention and wellness," said APTA CEO Justin Moore, PT, DPT. "Being named a Total Worker Health affiliate is not just an acknowledgment of our dedication but also an opportunity to work with a wide range of organizations toward shared goals in this important area of health care."

The Total Worker Health affiliate program focuses on expanding an understanding of the importance of worker health and increasing collaboration between employers, providers, and the public. To promote these principles, APTA's Academy of Orthopaedic Physical Therapy will partner with Total Worker Health to elevate programs and practices that integrate protection from work-related safety and health hazards with the promotion of injury and illness-prevention efforts to advance worker well-being.

As experts in rehabilitation, physical therapists and physical therapist assistants play a unique role in prevention, wellness, fitness, health promotion, and management of disease and disability for individuals of all ages and abilities. Physical therapists and physical therapist assistants help individuals improve overall health and prevent the need for avoidable health care services through education, direct intervention, collaborative consultation, and more.

APTA joins organizations such as the American College of Preventive Medicine, the National Aeronautics and Space Administration, and the National Institutes of Health, as well as multiple colleges and universities across the country, as an official program affiliate.

###

The American Physical Therapy Association represents more than 100,000 physical therapists, physical therapist assistants, and physical therapy students nationwide. Visit <u>apta.org</u> to learn more.

NIOSH is a federal research agency focused on the study of worker safety and health, and empowering employers and workers to create safe and healthy workplaces. Established through the Occupational Safety and Health Act of 1970, NIOSH is part of the Centers for Disease Control and Prevention in the U.S. Department of Health and Human Services. For more information about NIOSH, visit www.cdc.gov/niosh/.



Total Worker Health[®] is a registered trademark of the U.S. Department of Health and Human Services (HHS). Participation by the American Physical Therapy Association does not imply endorsement by HHS, the Centers for Disease Control and Prevention, or the National Institute for Occupational Safety and Health.

APTA has been named a Total Worker Health[®] Affiliate for an ongoing commitment to protecting and promoting worker safety, health, and well-being.